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**TALK Self-Evaluation – February**

Circle how often do you do each of the following when you are part of a group discussion:

**T** – Tell an idea Never Once in awhile Sometimes Often Always

**A** – Ask a question Never Once in awhile Sometimes Often Always

**L** – Listen to others Never Once in awhile Sometimes Often Always

**K** – Knit ideas together Never Once in awhile Sometimes Often Always

Which part of TALK do you think you do best? Give an example.

Which part of TALK do you think you need to work on? How will you do this?

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